

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ben Regal

Has successfully participated & completed the

67km Lormar #FarmTrail 2017 - Day 3

held at Middelburg.

TIME 04:22:30

PACE 15.31km/h **OVERALL** 77 of 204

GENDER 62 of 146 **MASTERS** 13 of 44

01 October 2017, Sun

Date



BoutTime

